Learning during Eid

Everyday learning with your child • Ages 3–5

Talk, prepare and celebrate together. Everyday Eid moments can build big skills.



Celebrate and learn together

Include your child in small preparations and celebrations. Talk about what Eid means to your family and enjoy time together.

Use Urdu, Punjabi or another home language. Families celebrate in different ways; choose ideas that fit your own Eid traditions.

Talk about your family traditions

Look at family photos or talk about your plans. Explain your own traditions, such as prayer, visiting relatives, sharing food or giving to others.

“What do we do for Eid? What are you looking forward to?”

Count and help prepare

Let your child put out napkins or count safe table items. Match one item to each person. Compare how many you have with how many you need.

“There are four people. Have we got a napkin for everyone?”

Make cards and patterns

Draw an Eid card or decorate paper together. Repeat a simple pattern with colours or shapes. Let your child add marks, a name or a message.

“Circle, star, circle, star. What comes next?”

Use greetings and kind words

Practise saying “Eid Mubarak” and greeting relatives. Model listening, taking turns in conversation and saying thank you. A wave is a greeting too.

“How would you like to greet Grandma?”

Explore food and help safely

Name familiar foods and describe their colours, smells and textures. Help with safe jobs such as washing fruit or stirring a cool mixture.

“What can you smell? Is this smooth, soft or crunchy?”

Share, remember and tell stories

Talk about kindness and ways your family helps others. After celebrating, draw a favourite moment and retell it using first, next and last.

“How did we help someone? What made you smile today?”

Make it right for your child

Start simple: say a greeting, count 1–3 napkins or draw an Eid picture.
Add a challenge: extend a pattern, explain a tradition or tell the story of your day.

Celebrate in your own way. Make time for conversation, kindness and play.

Offer quiet breaks during busy celebrations. Supervise cooking and crafts; keep hot food, sharp tools and small decorations out of reach. Check food allergies and help children wash their hands.

St. Philip's CE Primary Academy
Working Together