



St Philip's Primary Academy

Whitby Terrace, Girdlington, Bradford BD8 9JL

Headteacher: Mrs M Hargreaves

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Monday 23rd February 2026

Fasting During Ramadan

Dear Parents/Carers

As always, we would like to support our children and families during the month of Ramadan. It has always been our policy to allow children in Years 5 & 6 to keep their fast at school on the days when they do not have a PE lesson. On those days, we will have a Ramadan Club for children to attend. On the days that children have PE, we advise that they do not fast, but if they decide to fast on those days, children will need to go home during lunchtime on that day.

To ensure that we have a record of which days your child will be fasting, please complete the slip below and return to school as soon as possible.

Yours sincerely

Mrs M Hargreaves
Headteacher

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Year 5&6 Ramadan Fasting Consent February 2026

Name of Child: _____

Year Group: _____

Please tick on which days your child will be fasting:

- | | |
|-----------|---|
| Monday | <input type="checkbox"/> |
| Tuesday | <input type="checkbox"/> (Year 5 to go home at lunchtime if fasting) |
| Wednesday | <input type="checkbox"/> (Year 6 to go home at lunchtime if fasting) |
| Thursday | <input type="checkbox"/> (Years 5 & 6 to go home at lunchtime if fasting) |
| Friday | <input type="checkbox"/> |

Signed: _____ Date: _____